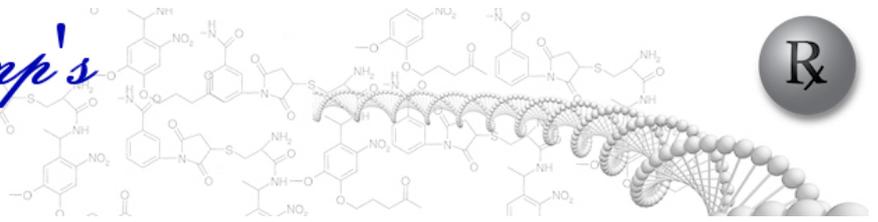




Dr Aucamp's

Health Solutions

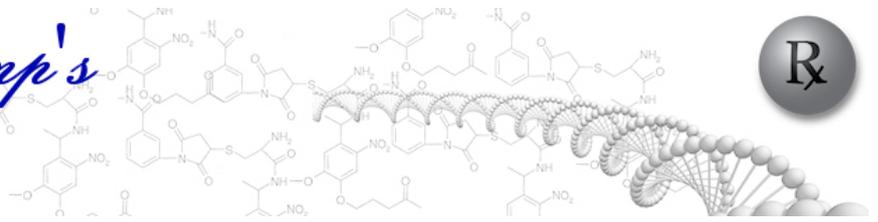
Practice No. 1474960



Acne gel 50ml (Ointment)	R 23.00
Acne occurs as infected glands in the skin characterized by red pimples on the face. Acne Gel helps pimples to heal by removing oiliness from the site.	
Activated charcoal 100gr (Powder)	R 32.00
A form of carbon produced from materials such as coconut husk, nutshells and wood. Treats diarrhea, indigestion & flatulence. <i>Pack size: 100</i>	
Agnus Castus 200mg (Capsule)	R 73.00
Vitex agnus-castus is the fruit of the chaste tree. The fruit and seed are used to make medicine. Use for PMS (Premenstrual Syndrome), menstrual problems, and hormone imbalance. <i>Pack size: 60</i>	
Alfalfa 248mg (Capsule)	R 53.00
Alfalfa is an herb. People use the leaves, sprouts, and seeds to make medicine. Used to help lower cholesterol and as chelation therapy. <i>Pack size: 60</i>	
Aloe Ferox 450mg (Capsule)	R 63.00
Aloe Ferox is an indigenous South African plant that has been used for centuries to purge the intestines and stimulate bowel movement. <i>Pack size: 60</i>	
Alpha Lipoic Acid 266mg (Capsule)	R 59.00
A vitamin B-like molecule with potent antioxidant properties. It is both water and fat soluble, which means it can protect all areas of the body. It has antioxidant properties which fights free radical damage and aging. Improves skin conditions as well. <i>Pack size: 30</i>	
Antiseptic Ointment 50g (Ointment)	R 32.00
Antiseptic Ointment is useful in the treatment of burns, wounds & skin infections. Aids the healing process of skin tissue.	
Apple Cider Vinegar 500ml (Liquid)	R 29.00
Ashwagandha Extract 380mg (Capsule)	R 61.00
Ashwagandha is a traditional Indian (Ayurvedic) herbal extract. It is sometimes referred to as Indian Ginseng because it also boosts energy levels. <i>Pack size: 60</i>	
Bangalala 340mg (Capsule)	R 82.00
Plant used traditionally by the Zulu Tribe as an aphrodisiac & libido booster <i>Pack size: 60</i>	
Bangalala 340mg (Capsule)	R 172.00
Plant used traditionally by the Zulu Tribe as an aphrodisiac & libido booster <i>Pack size: 150</i>	



Dr Aucamp's
Health Solutions
Practice No. 1474960

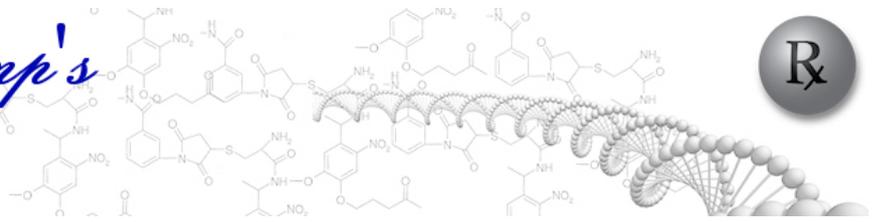


- Barberry Root Extract** 348 mg (Capsule) **R 115.00**
Powerful plant that has been used for thousands of years as a remedy. It has strong anti -bacterial and anti-viral effects.
Pack size: 60
- BCAA 300g** (Powder) **R 160.00**
Branched chain amino acids stimulates the building of protein in muscles and possibly reduces muscle breakdown. Athletes and body builders use BCAA to improve exercise performance and reduce protein and muscle breakdown during intense exercise.
- Benzoic Ointment** (Ointment) **R 18.00**
Benzoic Ointment has anti-fungal abilities. It's uses include fungal skin diseases, ringworm & athlete's foot.
Pack size: 30
- BenzyI Ointment** (Ointment) **R 30.00**
BenzyI Ointment is useful in treating scabies, demodectic rosacea & seborrhea.
Pack size: 50
- Beta Glucans** 394mg (Capsule) **R 101.00**
Beta glucan is a polysaccharide (i.e. a chain of glucose molecules) that is found in such foods as oats, barley, mushrooms, and yeasts. Also, to a lesser extent in rye and wheat. A very strong immunity enhancers, which benefits cancer patients.
Pack size: 90
- Betaine HCL** 500mg (Capsule) **R 73.00**
Betaine HCL is used as a dietary supplement to increase gastric acidity. The betaine in this compound does not alter gastric acidity but simply 'delivers' the hydrochloric acid. Increased hydrochloric acid helps protect against pathogenic microorganisms and helps maintain normal flora balance.
Pack size: 90
- Bilberry Extract** 250mg (Capsule) **R 80.00**
Bilberry extract is associated with the improvement of night vision. Used during World War II by pilots. It also assists in the reversal of macular Degeneration. A good source of flavonoids with antioxidant activities.
Pack size: 60
- Biotin** 40mg (Capsule) **R 107.00**
Water soluble B vitamin, acts as a coenzyme in the metabolism protein, fats and carbohydrates. Helps to alleviate seborrheic dermatitis and brittle nails.
Pack size: 30
- Black Cohosh** 250mg (Capsule) **R 53.00**
Black Cohosh is a perennial plant native to North America. It's medicinal qualities was discovered by the North American Indian tribes. An important aid to relieve hot flashes and other menopausal symptoms.
Pack size: 60



Dr Aucamp's
Health Solutions

Practice No. 1474960

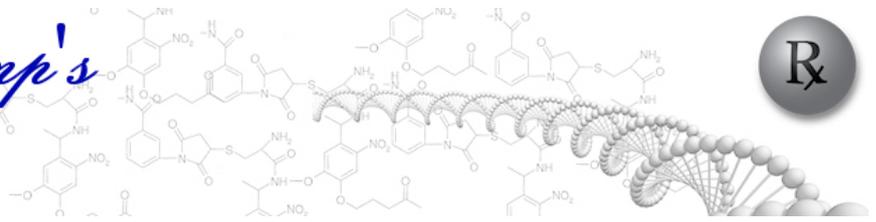


- Boswellia Serrata** 181mg (Capsule) **R 58.00**
Boswellia Serrata is an ancient Indian herb extract from the Boswellia Tree that has a rich tradition. Aids in the prevention of rheumatic disorders, as well as anti-inflammatory and analgesic activities.
Pack size: 60
- BP Care (Blood Pressure Care)** 560mg (Capsule) **R 153.00**
The unique combination of ingredients namely (L-Carnitine, Ginkgo Biloba, Magnesium, Hawthorn, Vitamin B6 & Chromium), helps to reduce high blood pressure.
Pack size: 120
- Brandvoetsalf** (Ointment) **R 67.00**
Brandvoetsalf is specially formulated to help alleviate the sensation of burning feet. A complaint often experienced by diabetics and by being on your feet for long hours.
- Brewers Yeast** (Capsule) **R 30.00**
The high Chromium content in Brewer's Yeast aids the lowering of blood glucose and improves the body's defenses against lung infections.
Pack size: 60
- Bromelain** 330mg (Capsule) **R 108.00**
Derived from the pineapple plant, is one of the group of enzymes that are capable of digesting protein. Useful aid for inflammatory conditions, helps heal minor injuries, muscle injuries and wound healing.
Pack size: 120
- Calcium AEP** 350mg (Capsule) **R 125.00**
Calcium is the most abundant, essential mineral in the human body.
Pack size: 60
- Calmag** 375mg (Capsule) **R 64.00**
An essential addition to everyday health. Calmag promotes strong bones, muscles & nerves. Regular use maintains good health, bones & teeth. Promotes strong bones, muscles & nerves. Maintains good health, bones & teeth.
Pack size: 60
- Cayenne Papper** 320mg **R 73.00**
Cayenne Pepper has been used by many societies throughout history for its cleansing & detoxing elements. It may be used to aid heartburn, gout, fever, peptic ulcers and blood pressure problems.
Pack size: 90
- Celery seed extract** 200mg (Capsule) **R 52.00**
Celery grows in many parts of the world. Used as a diuretic, kidney cleanser, gout and for water retention.
Pack size: 60
- Chelation** 448mg (Capsule) **R 115.00**
Chelation removes heavy metals from the body. It aids in blood circulation and helps to cleanse calcium deposits from arteries.
Pack size: 180



Dr Aucamp's
Health Solutions

Practice No. 1474960



Chelation without garlic 596mg (Capsule)

R 53.00

Chelation removes heavy metals from the body. It aids in blood circulation and helps to cleanse calcium deposits from arteries. Made without garlic.

Pack size: 60

Cholestrol 398mg (Capsule)

R 119.00

A combination of vitamins & herbs that lower cholesterol levels.

Pack size: 60

Citrus Bioflavonoids 450mg

R 67.00

Citrus Bioflavonoids are found in lemon, grapefruit and orange juice. The citrus plant has many medical properties. Uses include aid in the treatment of low immunity, influenza, common cold and gout.

Pack size: 60

CLA & Green Tea Fat Burner Gel Caps 1000mg (Capsule)

R 109.00

CLA is found naturally in all protein products. It assists in targeting fat during weight loss. Green Tea speeds up metabolism, aids in digestion & provides energy.

Pack size: 90

Co Enzyme Q10 Co. 350mg (Capsule)

R 89.00

CoQ10 is a substance that's found naturally in the body and helps to convert food into energy. CoQ10 is found in almost every cell in the body, and is a powerful antioxidant. By adding L-Carnitine, which is an amino acid, that is a building block for proteins, a supplement is created that aids in the prevention of blood clots, chest pains, circulation problems & cholesterol.

Pack size: 60

Coconut Oil (Liquid)

R 55.00

Coenzyme Q10 30mg (Capsule)

R 69.00

Coenzyme Q10 is used by the body to transform food into the energy on which the body runs. It is a powerful antioxidant that protects the body from free radicals and helps preserve vitamin E. Vitamin E is the major antioxidant of cell membranes and blood cholesterol.

Pack size: 60

Colloidal Silver - CANNOT BE POSTED (Liquid)

R 37.00

A colloid consisting of silver particles suspended in liquid. The silver ion is bio-active and kills bacteria by acting as an antibiotic and disinfectant. Essential mineral supplement often used to TB and HIV patients. Can also aid in the treatment of Influenza, diarrhea, sinus and other infections.

Pack size: 500

Colostrum 150mg (Capsule)

R 153.00

Colostrum is nature's first food. It is the specialized milk produced by cows after giving birth. It has a high concentration of immune supportive antibodies and growth factors.

Pack size: 180

Colostrum 150mg (Capsule)

R 80.00

Colostrum is nature's first food. It is the specialized milk produced by cows after giving birth. It has a high concentration of immune supportive antibodies and growth factors.

Pack size: 60

Colostrum Chew Tablets 150mg R 80.00



Colostrum Powder 100gr 100gr (Powder) R 178.00

Colostrum Powder 12gr (Powder) R 40.00

Comfrey Ointment (Ointment) R 27.00

Comfrey contains a small organic molecule, which stimulates cell growth & depresses inflammation. Used often to treat inflammatory sprains, strains & osteoarthritis.

Crack Stop Heel Balm 100ml (Ointment) R 57.00

Pack size: 100

Cranberry Extract 350mg (Capsule) R 60.00

Cranberries grow wild on creeping shrubs in the cooler regions of the northern hemisphere. Traditionally used by the Native American tribes.

Pack size: 60

Creatine Ethyl Esther Powder (Powder) R 125.00

Pack size: 200

Devil's claw extract 460mg (Capsule) R 75.00

A native plant to Africa. The plant has unusual fruits, which are covered with small hooks. A long history of uses includes treatment of digestive disturbances, arthritis, inflammation & pain. Recent studies suggest that it may assist with gout, lower back pain & osteoarthritis. Reduction in joint pain & reduces uric acid levels.

Pack size: 60

DL-Phenylalanine 220mg (Capsule) R 104.00

An amino acid, which is a building block for Protein. Major dietary sources of DL-Phenylalanine includes meat, fish, eggs, cheese & milk. Often used to aid in the treatment of depression, attention deficit-hyperactivity disorder, Parkinson's disease.

Pack size: 120

DMSO 20% Nasal Spray (Liquid) R 30.00

DMSO is a simple chemical made from wood pulp that has demonstrated the ability to promote the healing of pockets of inflammation. An excellent aid for pain relief, sinusitis and headaches associated with sinusitis.

Pack size: 25

DMSO 35% Gel (100ml) R 64.00

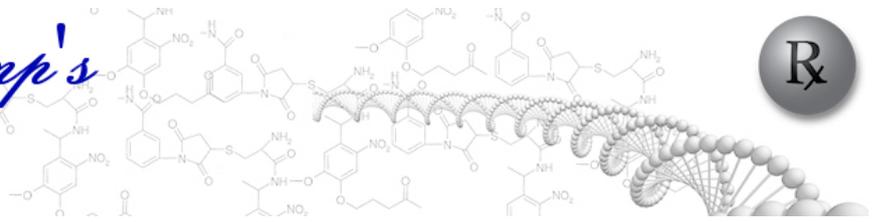
DMSO is a simple chemical made from wood pulp that has demonstrated the ability to promote the healing of pockets of inflammation. An excellent aid for pain relief, inflammation, osteoarthritis, rheumatoid arthritis and sports injuries.

Pack size: 100

DMSO 35% Gel (50ml) (Ointment) R 32.00

DMSO is a simple chemical made from wood pulp that has demonstrated the ability to promote the healing of pockets of inflammation. An excellent aid for pain relief, inflammation, osteoarthritis, rheumatoid arthritis and sports injuries.

Pack size: 50



DMSO 4% 4% (Liquid)

R 30.00

DMSO is a simple chemical made from wood pulp that has demonstrated the ability to promote the healing of pockets of inflammation. An excellent aid for pain relief.

Pack size: 500

DMSO 50% Liquid 50% (Liquid) R 37.00

Pack size: 100

DMSO 70% Gel (100ml)

R 64.00

DMSO is a simple chemical made from wood pulp that has demonstrated the ability to promote the healing of pockets of inflammation. An excellent aid for pain relief, inflammation, osteoarthritis, rheumatoid arthritis and sports injuries.

Pack size: 100

DMSO 70% Gel (50ml)

R 32.00

DMSO is a simple chemical made from wood pulp that has demonstrated the ability to promote the healing of pockets of inflammation. An excellent aid for pain relief, inflammation, osteoarthritis, rheumatoid arthritis and sports injuries.

Pack size: 50

DMSO 70% Liquid 70% (Liquid) R 39.00

Pack size: 100

DMSO 90% Liquid 90% (Liquid) R 42.00

Pack size: 100

Dr. Lee Pain Relief Patches

R 24.00

Pain Relief Patches to apply on your body to relieve pain & inflammation

Pack size: 2

Echinacea Extract 403mg (Capsule)

R 67.00

Echinacea is a herbal remedy that is extracted from a plant that grows throughout the US & Canada. Studies have shown that it increases the number of white blood cells and boosts the activity of other immune cells, thus aiding in the treatment of Influenza, the common cold and viral infections.

Pack size: 60

Ekseem Ointment (Ointment) R 32.00

Pack size: 50

Elder Berry Flower 200mg (Capsule)

R 68.00

Elder Berry comes from a flowering tree. The extract of the flower is used to make a medicine which aids in the treatment of sinusitis, influenza, the common cold and bronchitis.

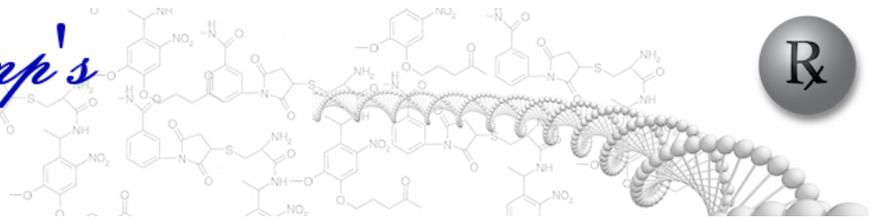
Pack size: 60



Dr Aucamp's

Health Solutions

Practice No. 1474960



Enzyme Formula 380mg (Capsule)

R 177.00

Enzymes is an essential part of your digestive system. By heating & cooking food, we deactivate the enzymes that is needed to digest the food. This causes various digestive disorders such as gas, indigestion and acid reflux. Enzyme Formula replaces this much needed digestive aid.

Pack size: 60

Epimedium 210mg (Capsule)

R 81.00

The leaves of this herb is used to make medicine. Epimedium helps increase blood flow. Often used for mental and physical fatigue, as a tonic or for erectile dysfunction.

Pack size: 120

Eye Formula 410mg (Capsule)

R 109.00

A combination of herbs & vitamins to assist in general eye health

Pack size: 60

Eye/Ear Nose drops (Liquid)

R 20.00

The combination of Colloidal Silver and MSM proves well to aid in everyday ear, eye and nose conditions. Colloidal Silver has a bio-active ion that kills bacteria by acting as an antibiotic, while MSM aids in the relieving of pain and inflammation.

Pack size: 25

Fennel 358mg (Capsule)

R 82.00

Fennel is a perennial pleasant smelling herb with yellow flowers, native to the Mediterranean. The dried ripe seed is used for various digestive problems including heartburn, gas, bloating, and loss of appetite.

Pack size: 120

Fenugreek 530mg (Capsule)

R 117.00

The seeds of the fenugreek plant is used for digestive problems such as Inflammation of the stomach. Also ideal for kidney ailments, hernia and erectile dysfunction. Breast-feeding mothers can also use Fenugreek to promote milk flow.

Pack size: 120

Feverfew 276mg (Capsule)

R 41.00

Feverfew is a herb where the leaves are used. Feverfew contains many different chemicals, including parthenolide, which decreases factors which might cause ailments such as migraine. Often used for fever, migraine, PMS (Pre Menstrual Syndrome) and headaches

Pack size: 30

Flaxseed Oil 43mg (Capsule)

R 45.00

Flaxseed is also called linseed. Flaxseed oil is a vegetable oil that contains linoleic acid, an essential fatty acid needed for survival. It also contains alpha linolenic acid , an omega 3 fatty acid. Used for ulcerative cholangitis, high cholesterol and constipation.

Pack size: 30

Folic Acid 5000mcg (Capsule)

R 34.00

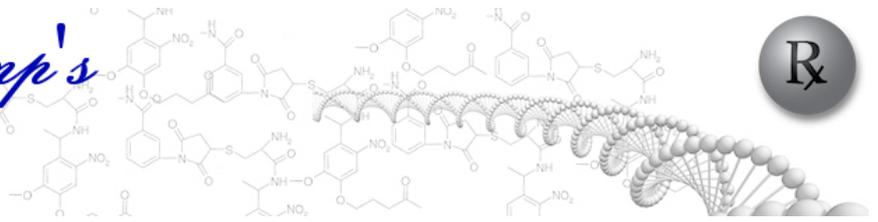
Folic Acid is a B-vitamin needed for cell replication. Folic acid helps form building blocks of DNA, the body's genetic information and is needed for protein synthesis in all cells.

Pack size: 60



Dr Aucamp's
Health Solutions

Practice No. 1474960



Fumaric Acid 600mg (Capsule)

R 49.00

Fumaric acid is normally present in every cell of the body as a component of the citric acid cycle, which is responsible for cellular energy production. In healthy individuals, fumaric acid is formed in the skin when exposed to sunlight. Patients suffering from skin ailments cannot produce enough fumaric acid and therefore cellular division becomes abnormal.

Pack size: 30

GABA 360mg (Capsule)

R 85.00

GABA is an amino acid which acts as a neurotransmitter in the central nervous system. GABA is used for an increase in the sense of well-being, improving mood, relieving anxiety, assists in the treatment of ADHD (Attention deficit-hyperactivity disorder, and often used by body builders as it increases human growth hormone.

Pack size: 90

Garcinia Cambogia 550mg (Capsule)

R 91.00

The fruit is indigenous to Indonesia. Garcinia gives the effect of fullness, thus suppressing the appetite. An essential addition to a diet as a supplement.

Pack size: 90

Garlic 356mg (Capsule)

R 63.00

The garlic clove is used for a wide range of diseases and conditions. Its main benefits are for thinning of the blood and reducing hardening of arteries. It aids in building the immune system to prevent colds, flu and discourages a tick bite.

Pack size: 60

Ginger root 500 mg (Capsule)

R 110.00

The root of this vegetable is used to treat nausea, motion sickness and cleanses lymphatic glands, bladder and kidneys

Pack size: 90

Ginkgo Biloba 471 mg (Capsule)

R 68.00

Ginkgo is a herb, the leaves are used to make an extract that is used for memory disorders. It aids in Alzheimer's disease, increases blood flow to the brain, vertigo, ringing in the ears, headaches and memory loss. Ginkgo improves overall blood circulation.

Pack size: 60

Glucosamine Sulphate 415mg (Capsule)

R 90.00

Glucosamine is an amino-monosaccharide that is the principal substrate used in the biosynthesis of macromolecules that comprise articular cartilage. It is believed to play a role in cartilage repair.

Pack size: 120

Glucose Factor 350mg (Capsule)

R 65.00

Cinnamon is the main ingredient of this product. The bark of the cinnamon tree is used, which contains a chemical that works like insulin to lower blood sugar levels.

Pack size: 90

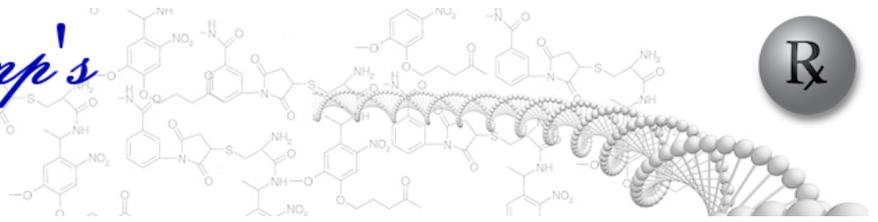
Glyconutrients 388mg (Capsule)

R 137.00

Pack size: 180



Dr Aucamp's
Health Solutions
Practice No. 1474960



Glyconutrients 388mg (Capsule) R 59.00

Pack size: 60

Gotu Kola 430mg (Capsule) R 65.00

Traditionally used in Chinese medicine. Benefits include treatment of varicose veins and blood clots. Gota Kola contains chemicals that decrease inflammation and decreases blood pressure in veins.

Pack size: 60

Grape Seed extract 453mg (Capsule) R 53.00

Grape seed is derived from the ground-up seeds of red wine grapes and contains antioxidants. Beneficial for cardiovascular conditions, such as poor circulation & cholesterol. Also used for swelling caused by injury.

Pack size: 30

Graviola Leaf 290mg (Capsule) R 89.00

Graviola is a small evergreen tree, the leaves, fruit, seeds and stem are used as an extract to treat infections caused by bacteria and parasites. Graviola contains many chemicals that may be active against cancer, bacteria, viruses and parasites.

Pack size: 120

Green Tea Extract 260mg (Capsule) R 56.00

The extract is herbal derivative from green tea leaves. Green tea contains antioxidant ingredients often used as an aid to cancer treatment and for inflammation. It's biochemical properties are antioxidant, anti-carcinogen and anti-inflammatory.

Pack size: 60

Gugul extract 50mg (Capsule) R 55.00

Guggul gum resin is used for lowering high cholesterol, "hardening of the arteries" (atherosclerosis), acne and other skin diseases. Guggul contains substances that lower cholesterol and triglycerides. One of these substances also decreases the redness and swelling that occurs in some types of acne.

Pack size: 60

Gymnema Sylvestre 300mg (Capsule) R 84.00

Gymnema is a woody climbing shrub native to India and Africa. The leaves are mainly used. Gymnema decreases the absorption of sugar from the intestines, thus used as an appetite suppressant and aid to diabetics to stabilize blood sugar levels.

Pack size: 60

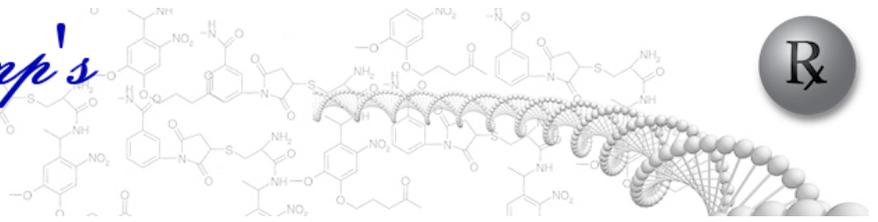
H Factor 341mg (Capsule) R 145.00

A combination of herbs to help with depression, anxiety and general feeling of well being.

Pack size: 120

H202 35% Food Grade - CANNOT BE POSTED (Liquid) R 28.00

The purpose of Hydrogen Peroxide is to help the immune system to function properly. The white blood cells that fight infection, produce Hydrogen Peroxide. It is also important in the process of breaking down carbohydrates, fats, proteins, minerals and vitamins in order to release the body's energy. It helps regulate hormones and is necessary in the production of estrogen, progesterone and thyroxin.



H2O2 3% - CANNOT BE POSTED 3% (Liquid)

R 22.00

Hydrogen Peroxide is a compound of Hydrogen and oxygen that is easily broken down in water and oxygen. A 3% solution is used as a mild antiseptic for the skin. Also used for gargling for sore throats, dental problems and bad breath.

Pack size: 500

Hair Growth Tonic

R 85.00

The combination of Bay Rum, Placenta and Bergamott Essence, helps to stimulate hair follicles for optimum growth and thickness, replenishes and strengthens hair, repairs split ends and restores manageability and renews shine and bounce,

Hawthorn 356mg

R 123.00

A herbal remedy which is the most cardio-protective known. It strengthens heart muscles thereby reducing heart congestion. Also dilates coronary blood vessels thereby improving oxygen supply to the heart.

Pack size: 180

Hemorrhoid Co 301mg (Capsule)

R 197.00

Piles (internal & external) are very painful. Hemorrhoid Compound helps the piles to shrink, reducing painful bowel movement.

Pack size: 180

Himalaya Himcocid Syrup 200ml (Liquid) R 74.00

Pack size: 200

Himalaya Koflet Lozenges R 20.00

Pack size: 10

Himalaya Mentat Tablets (Capsule) R 113.00

Himalaya Pilex Ointment 30gr (Ointment) R 70.00

Pack size: 30

Himalaya V-Gel 30gr (Ointment) R 82.00

Pack size: 30

Honey Squeeze 375gr (Liquid) R 49.00

Ichthamnol / Swartsalf (Ointment)

R 37.00

Ichthamnol Ointment can be used for many different things like the treatment of insect bites and stings, treatment of boils, splinter removal and minor skin infections.

Pack size: 50

Inositol 400mg (Capsule)

R 81.00

Inositol is part of the vitamin B-complex. Aids in the treatment of anxiety, depression, obsessive compulsive disorder, sleeping disorders and bipolar disorders.

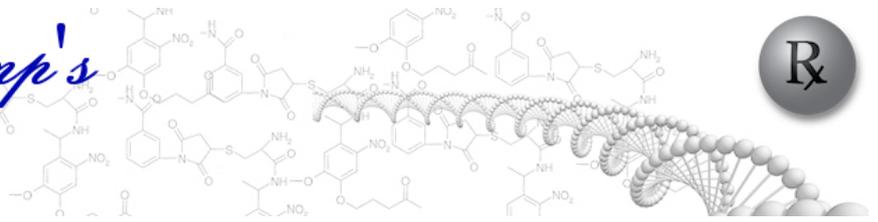
Pack size: 90



Dr Aucamp's

Health Solutions

Practice No. 1474960



IP6 330mg (Capsule)

R 141.00

IP6 known as inositol hexaphosphate, is a vitamin like substance. Some people use IP6 to treat cancer, including prostate cancer, breast cancer, colon cancer, liver cancer and blood cancers. IP6 might help treat cancer by slowing down the production of cancer cells.

Pack size: 120

Iron (Chelated) 66mg (Capsule)

R 50.00

A Chelated Iron capsule to ensure absorption for patients with low iron levels & anemia.

Pack size: 30

Jeuksalf (Ointment)

R 35.00

For relief of itchiness on the skin area.

Pack size: 50

KCL 686mg (Capsule)

R 55.00

KCL is the chemical formula of potassium and chlorine, and has the same properties as regular table salt. Used to prevent or to treat low blood levels of potassium.

Pack size: 90

Kelp 340mg (Capsule)

R 81.00

Kelp contains large amounts of iodine as well as essential vitamins and nutrients. Kelp acts as a natural supplement for obesity because it stimulated thyroid function. Also used in the treatment of cancer, due to it's natural antioxidant and free radical elements. Due to it's rich iodine content, it's useful in treating underactive thyroid problems.

Pack size: 120

Keratose Ointment (Ointment)

R 32.00

Keratose is the pre appearance of skin cancers. This ointments helps to combat these conditions.

Pack size: 50

L-Arginine 411mg (Capsule)

R 141.00

L-Arginine is a chemical building block called amino acid. L-Arginine is converted in the body into a chemical called Nitric Oxide which causes blood vessels to open wider for improved blood flow. Used for heart and blood vessel conditions, High blood pressure and pain in legs due to blocked arteries.

Pack size: 180

L-Carnitine 400mg (Capsule)

R 109.00

L-Carnitine is responsible for long-chain fatty acids turning into energy. It is a vitaminlike, but not officially listed as one. It assists in using fat as an energy source.

Pack size: 90

L-Glutamine 350mg (Capsule)

R 54.00

L-Glutamine is an amino acid often used for Crohn's Disease, Diarrhea, Ulcerative Colitis, stomach ulcers, excessive weight loss due to HIV or AIDS.

Pack size: 60

L-Lysine 270mg (Capsule)

R 50.00

L-Lysine is an essential amino acid.

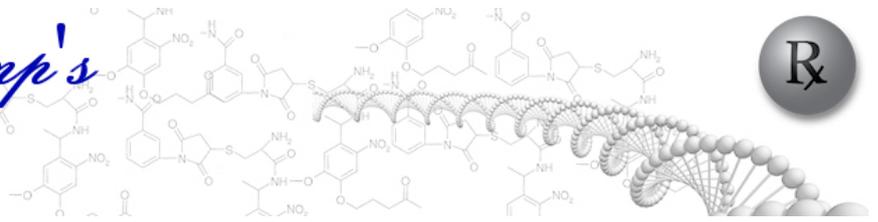
Pack size: 60



Dr Aucamp's

Health Solutions

Practice No. 1474960



L-Methionine 401mg (Capsule)

R 78.00

L-Methionine is an amino acid, a building block that our bodies use to make proteins. L-Methionine is used to prevent liver damage in acetaminophen (Tylenol) poisoning. Also used to treat liver disorders, and increase the acidity of urine.

Pack size: 60

L-Theanine 150 mg (Capsule)

R 51.00

L-Theanine is an amino acid is found in green tea and is a building block for proteins. It naturally occurs in the body and helps transmit nerve impulses in the brain.

Pack size: 30

L-Tyrosine 290mg (Capsule)

R 95.00

L-Tyrosine is an amino acid, the building blocks of protein. The body uses L-Tyrosine to make chemical messengers that are involved in conditions involving the brain such as mental alertness. Used often for depression, ADD, ADHD, Parkinson's disease, Alzheimers disease, Chronic Fatigue Syndrome and as an appetite suppressant.

Pack size: 120

Lapa Articum 275mg (Capsule)

R 141.00

Lapa Articum is know as the Burdock plant. The root, leaves and seeds have chemicals that shows activity against bacteria and inflammation. Used to treat various skin conditions including eczema, acne, allergic skin conditions and psoriasis.

Pack size: 180

Lean Lady (Capsule)

R 181.00

For those wanting to loose weight or maintain weight after weight loss. A combination of all the essential weight loss products in one.

Pack size: 180

Lecithin 340mg (Capsule)

R 127.00

Lecithin is a fat that is essential in the cells of the body. It is converted into acetylcholine, a substance that transmits nerve impulses. Used for treating memory disorders such as dementia and alzheimers.

Pack size: 180

Libido Booster - For Him & Her (Capsule)

R 149.00

Libido Booster for Him & Her, contains natural herbs to enhance libido. Also helps for erectile dysfunction, and acts as an aphrodisiac. Enhances athletic performance, helps with infertility. For Male & Female sexual problems.

Pack size: 180

Licorice extract 380mg (Capsule)

R 56.00

Licorice contains chemicals that decrease swelling, thins mucus secretions, decreases cough and increases the chemicals in our bodies to heal ulcers. Also used for various digestive system complaints such as heartburn and gastritis.

Pack size: 60

Long Jack Folio (Tongkat Ali) 100mg

R 80.00

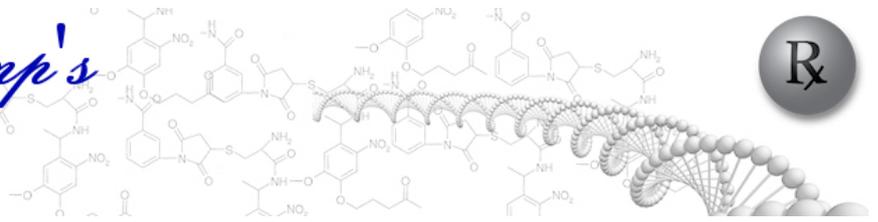
Commonly known as Tongkat Ali, this herb is mainly used in the USA for it's aphrodisiac properties. It increases male virility and sexual prowess.

Pack size: 15



Dr Aucamp's
Health Solutions

Practice No. 1474960



Lutein 240mg (Capsule)

R 66.00

Lutein is called a carotenoid vitamin. It's related to beta-carotene and Vitamin A. It is one of two major carotenoids found as a color pigment in the human eye, and protects the eye tissues from sunlight damage. It's used to prevent eye diseases including age-related macular degeneration, cataracts and retinitis pigmentosa.

Pack size: 60

Magnesium Citrate 500mg (Capsule)

R 90.00

A complete Magnesium Supplement. A shortage of Magnesium in your diet can often result in Cardiovascular Disease, Diabetes, Fatigue, Kidney Stones, Migraines and PMS

Pack size: 90

Magnesium Oxide 530mg (Capsule)

R 70.00

A mineral supplement used to prevent and treat low amounts of magnesium in the blood. Very important for the normal functioning of cells, nerves, muscles, bones and the heart. Symptoms of a shortage of magnesium oxide includes muscle cramps, tiredness, irritability and depression.

Pack size: 90

Magnesium Peroxide 457mg (Capsule)

R 110.00

Magnesium Peroxide is a stable form of oxygen delivery to cells. Oxygen is vital to cell regeneration, the main fuel of life, our weapon against illness, infection and purifies our blood. Optimal health and well being is dependent on the maximum production maintenance and flow of oxygen.

Pack size: 120

Malic Acid 520mg (Capsule)

R 82.00

Malic acid is found in foods such as citrus fruits and sugar cane. Malic Acid improves skin firmness treats acne, dry skin.

Pack size: 120

Milk Thistle 431mg (Capsule)

R 68.00

The milk thistle seed protects liver cells and has antioxidant and anti-inflammatory effects. Used for liver disorders, jaundice, chronic inflammatory liver disease, cirrhosis of the liver and chronic hepatitis, gallbladder and spleen disorders.

Pack size: 60

Millet Flour (Powder)

R 45.00

MMS (Miracle Mineral Supplement) (Liquid)

R 30.00

Miracle Mineral Supplement is the colloquial product name for 28% sodium chlorite in distilled water, which is activated with the addition of citric acid such as lemon juice. When activated the mixture contains an oxidizing agent that is used for treatment of HIV, Malaria, Hepatitis, H1N1 flu virus, Influenza and Cancer.

Pack size: 100

Moringa Leaf Capsule 321mg (Capsule)

R 141.00

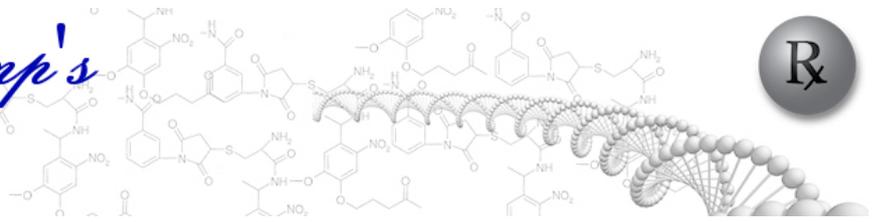
Moringa is an indigenous tree of India. All parts of the tree have medicinal properties. Moringa is often used in Indian cooking. Moringa is high in calcium and protein and is fantastic nutritional support.

Pack size: 180



Dr Aucamp's
Health Solutions

Practice No. 1474960



MSM 350mg (Capsule)

R 112.00

MSM is a chemical found in plants, animals and humans. It supplies sulfur to make other chemicals in the body. Used for chronic pain, osteoarthritis, joint inflammation, osteoporosis, tendonitis, muscle cramps, muscle and bone problems and hay fever.

Pack size: 180

MSM 350mg (Capsule)

R 48.00

Pack size: 60

Muiru Puama 400mg (Capsule)

R 67.00

The root of Muiru Puama is used to make a capsule that is used to assist in the prevention of sexual disorders, and to increase the interest in sexual activity and erectile dysfunction in males & females.

Pack size: 60

Multimineral 423mg (Capsule)

R 52.00

We should all supplement with a daily dosage of Multimineral to prevent illness such as cancer and heart disease. As you age your digestive ability decreases and so does your ability to absorb the essential minerals. The multimineral supplement provides all the essential minerals that your body and mind needs to function successfully.

Pack size: 30

Multivitamin 460mg (Capsule)

R 156.00

We should all supplement with a daily dosage of Multivitamin to prevent illness such as cancer and heart disease. As you age your digestive ability decreases and so does your ability to absorb the essential vitamins. The multivitamin supplement provides all the essential vitamins and more that your body and mind needs to function successfully.

Pack size: 120

My Secret Cosmetic Cream *NO Discount* 220ml (Ointment)

R 350.00

A revolutionary addition to skin care. Reduces wrinkles. Reduces Sunspots & Skin Pigmentation. Eliminated early skin cancers.

Pack size: 220

N-Acetyl L Carnitine 500mg (Capsule)

R 95.00

N-Acetyl L-Carnitine is an amino acid (a building block for proteins) that is naturally produced in the body and helps it produce energy. It is important for heart and brain function, muscle movement and many other body processes. Used for a variety of treatments in Alzheimer's disease, memory loss, depression, Lyme disease, cataracts and male infertility.

Pack size: 90

NAC 450mg (Capsule)

R 77.00

NAC comes from the amino acid L-cysteine. Amino acids are the building blocks of proteins. It has many uses that include treatment for chronic bronchitis, Chronic obstructive pulmonary disease, hay fever, chronic fatigue syndrome, detoxifying heavy metals, keratoconjunctivitis and cystic fibrosis.

Pack size: 90

Nettle Root extract 4: 1% 351mg (Capsule)

R 57.00

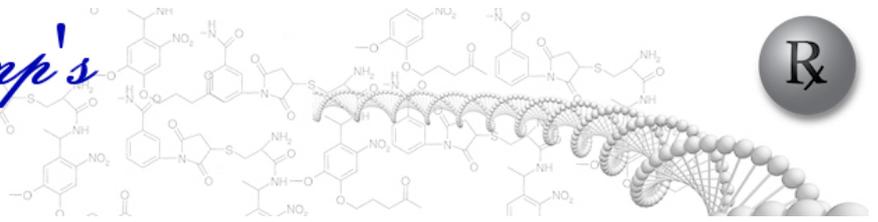
Nettle Root contains numerous biologically active chemicals that may influence the prostate indirectly by interacting with sex hormones and altering the properties of prostate cells. Used for benign pro static hyperplasia and reduces obstruction of urinary flow and decreases the need for nighttime urination.

Pack size: 60



Dr Aucamp's
Health Solutions

Practice No. 1474960



Niacin 100mg (Capsule)

R 44.00

Niacin is a form of Vitamin B3. Niacin is needed for the proper function of fats and sugars in the body and to maintain healthy cells. Used for high cholesterol and other treatments for circulation problems, such as migraine, headache and dizziness.

Pack size: 60

Nicotinamide 360mg (Capsule)

R 69.00

Nicotinamide has demonstrated anti-inflammatory actions that may benefit in treating skin conditions such as acne, anxiety, Alzheimer disease and headaches. It is a vitamin and part of the vitamin B group.

Pack size: 90

No-More-Bite (Ointment)

R 25.00

An aqueous based cream with citronella oil to deter mosquitos.

Pack size: 100

Olive Leaf Extract 480mg (Capsule)

R 76.00

An olive tree possesses the most powerful plant antioxidants in the world. By extracting these properties it is very beneficial to a healthy immune system.

Pack size: 60

Omega 3 1000mg (Capsule)

R 35.00

An essential nutritional supplement derived from the liver of cod fish. It contains high levels of Omega 3 fatty acids, EPA & DHA. It also contains Vit A & D. Regular use eases joint stiffness, associated with arthritis and also has a positive effect on the heart, bones, skin, hair, nails & teeth.

Pack size: 30

PABA 340mg (Capsule)

R 58.00

PABA is known as para-aminobenzoic acid and is an organic compound. PABA shows antibacterial activity. Used for sufferers of irritable bowel syndrome, fatigue, irritability, depression, moist eczema, scleroderma and vitiligo.

Pack size: 60

Panax Ginseng 246mg (Capsule)

R 35.00

Panax Ginseng is a plant, the root is used to make medicine, and is referred to as a general well-being medication, because it affects many different systems of the body. It improves thinking, concentration, memory, work efficiency, physical stamina and athletic endurance. It helps you to come with stress and is a general tonic for improving well-being. Used for depression, anxiety and to boost the immune system.

Pack size: 30

Passiflora 302mg (Capsule)

R 72.00

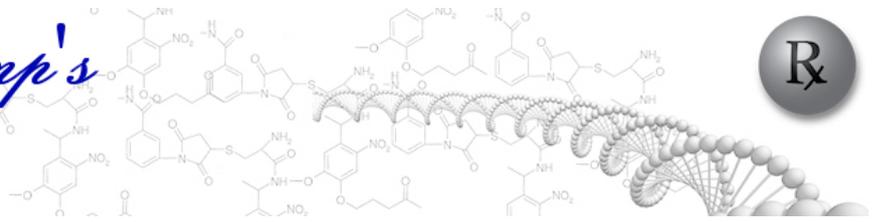
Pack size: 90

Phosphatidyl Serine 150mg (Capsule)

R 143.00

Phosphatidyl Serine is a chemical that is made by our bodies, it's an important chemical that is part of the cell structure and is key in the maintenance of cellular function, especially in the brain. It is used for Alzheimer's disease, mental function, improving thinking skills, attention deficit-hyperactivity disorder (ADHD) and improving athletic performance.

Pack size: 90



Policosanol 95% 20mg (Capsule)

R 54.00

Policosanol is a chemical obtained from sugar cane, and decreases cholesterol production. It also decreases the stickiness of particles in the blood known as platelets, which reduces blood clots.

Pack size: 30

Pomegranate extract 70% 461mg (Capsule)

R 75.00

Pomegranate is the fruit of a tree and has a variety of chemicals that has antioxidant effects. It's uses include preventing prostate cancer, erectile dysfunction and for intestinal parasites such as tapeworm.

Pack size: 30

Potassium Iodide 20mg per drop (Liquid)

R 37.00

Potassium Iodide is an inorganic compound, it's chemical formula KI. Used often to treat lung conditions or disease in which mucus complicated the condition, such as emphysema, bronchitis and bronchial asthma. SSKI is an expectorant and works by thinning mucous secretions in the lungs and making it less sticky. The mucus is then easier to cough up.

Potassium Iodide / DSMO (Liquid) R 32.00

Pregnenolone 99% - *DISCONTINUED*** 109mg (Capsule)**

R 0.00

Pregnenolone is a chemical found in our bodies, it is used to make all steroid hormones. Used for increase in energy, enhancing memory and immunity. Also used for fibrocystic breast disease, disorder of the lining of the uterus, symptoms of menopause and premenstrual syndrome.

Probiotics 470mg (Capsule)

R 79.00

Probiotics are bacteria that help maintain the natural balance of organisms in the intestines and promotes a healthy digestive system. Used for diarrhea, gas and cramping. Also aids in the inflammation of the bowel, infections of the digestive tract and is beneficial in the treatment of colon cancer.

Pack size: 30

Psoriasis Ointment (Ointment) R 25.00

Pack size: 50

Psyllium Husk 494mg (Capsule)

R 127.00

Psyllium Husk is used to treat constipation. It increases the bulk and amount of water in the stool, making it easier to pass and causes movement of the intestines.

Pack size: 180

Pygeum extract 200mg (Capsule)

R 59.00

Pygeum tree bark is used as medicine, it contains chemicals that help shrink the prostate, relieve urinary problems such as poor urine flow and nighttime urination.

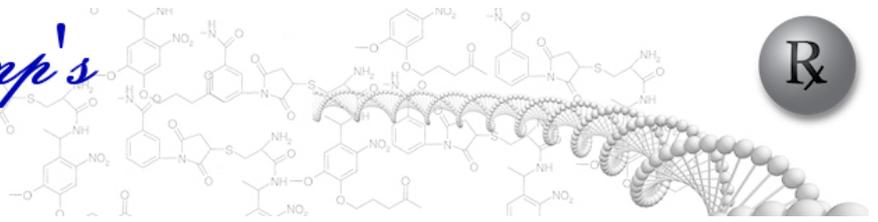
Pack size: 60

Quercetin 216mg (Capsule)

R 159.00

Quercetin is a plant pigment (flavonoid), which is found in many plants and has antioxidant and anti-inflammatory effects. Mainly used for sinusitis, hay fever, inflammation, viral infections and flu.

Pack size: 120



Reishi Mushroom Caps 226mg (Capsule)

R 72.00

A natural immune booster. Vital during the winter months to strengthen immunity during flu season.

Pack size: 60

Rosacea Caps 440mg (Capsule)

R 87.00

Specially formulated for people suffering from Rosacea.

Pack size: 120

Salex Sinus Rinse Kit (Liquid)

R 191.00

Saline (Liquid)

R 17.00

Saw Palmetto extract 160mg (Capsule)

R 69.00

Saw palmetto is a plant, it's ripe fruit is used to make medicine that helps to shrink the inner lining of the prostate that puts pressure on the tubes that carry urine. Used to decrease symptoms of enlarged prostate, prostate infections and prostate cancer.

Pack size: 60

Sea Salt

R 18.00

Table salt is toxic and lacks the nutrients contained in unrefined raw sea salt. During the refining and bleaching of salt, the trace minerals is also removed. Salt helps stabilize and regulate heartbeat. Sodium is essential for proper muscular function. Salt helps minimize the effects of stress by maintaining proper melatonin, serotonin and tryptamine levels in the brain. It helps the body hold water sufficiently for proper cell hydration, it removes cellular acidity and acts as an alkalizer, it boosts your immune system and strengthens bones while preventing osteoporosis. Salt provides a buffer for blood sugar levels, and helps your thyroid absorb iodine.

Selenium 16.6mcg (Capsule)

R 35.00

Selenium is a mineral which is taken into the body in water and food. It is important for making many body processes work correctly. It increases the action of antioxidants. Used for diseases of the blood vessels including stroke and hardening of the arteries. Also for under active thyroid, osteoarthritis, rheumatoid arthritis, macular degeneration, hay fever, cataracts, mood disorders and HIV.

Pack size: 30

Sharoma Anti-aging (Ointment)

R 120.00

Pack size: 100

Sharoma Coconut Oil Natural Soap

R 17.00

Various available, Tea-tree, Lemongrass, Lavender, Rose etc.

Sharoma Damage Repair (Ointment)

R 100.00

Pack size: 100

Sharoma Skin Hydrator (Ointment)

R 110.00

Pack size: 100

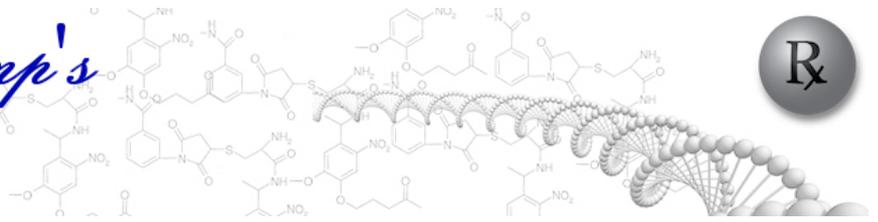
Sharoma Sunscreen

R 55.00



Dr Aucamp's
Health Solutions

Practice No. 1474960



Siberian Ginseng 256mg (Capsule)

R 47.00

Siberian ginseng is a plant that contains many chemicals that affect the brain, immune system and certain hormones. It contains chemicals that have activity against some bacteria and viruses. Used for conditions of the heart such as high blood pressure, hardening of the arteries and heart disease. Also used for Alzheimer's disease, fibromyalgia, rheumatoid arthritis, flu, colds, bronchitis and tuberculosis. It improves the ability to do work and improves athletic performance and also boosts the immune system.

Pack size: 60

Silica 50mg (Capsule)

R 35.00

Silica is a mineral and helps in bone and collagen formation. Used for weak bones in osteoporosis, hair loss and nail quality.

Pack size: 30

Sniffle & Sneeze Caps (Capsule)

R 41.00

Ideal for colds & flu. Contains all the essential herbs to assist in combating cold & flu symptoms.

Pack size: 30

Soda Ash

R 22.00

Pack size: 2

Soetolie (Liquid)

R 27.00

Soet olie is used to soften ear wax and detaching it from the inner ear.

Pack size: 25

Spirulina 415mg (Capsule)

R 95.00

Spirulina is a natural algae that is very high in protein and nutrients. It is one of the most potent nutrient sources available, which is largely made up of protein and essential amino acids. It is high in Omega 3,6,9 and anti-inflammatory abilities. It helps to remove toxins from the blood and boost the immune system, high in calcium which is good for bone health. Also believed to aid in allergies and increases fat burning during exercise.

Pack size: 120

Stevia Powder

R 27.00

Sweetner for Coffie/Tea & Cooking. 10 x stronger than Cane Sugar

Pack size: 10

Sutherlandia 253mg (Capsule)

R 67.00

Also known as the cancer bush. It dries in the drier parts of South-Africa. It has been used as medicine by the Khoi-San people. It is rich in amino acids.

Pack size: 90

Sutherlandia + Siberian Ginseng 301mg (Capsule)

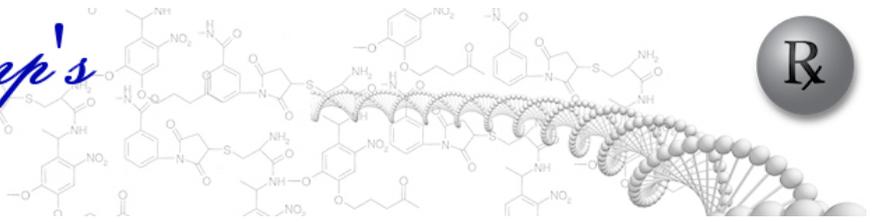
R 117.00

Pack size: 180



Dr Aucamp's
Health Solutions

Practice No. 1474960

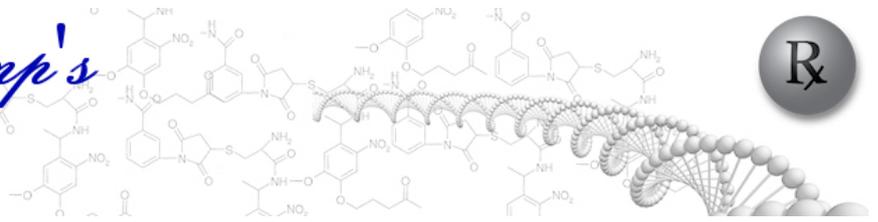


- Taurine 450mg (Capsule)** **R 66.00**
Taurine is a non-essential Sulfurous Amino Acid. It functions independently within the body (i.e. it is not incorporated into Proteins). It is manufactured endogenously within the Liver from Cysteine and Methionine. Also known as L-Taurine
Pack size: 90
- TMG 370mg (Capsule)** **R 62.00**
Betaine is a chemical that occurs naturally in the body but can also be found in foods such as beets, spinach, seafood and wine. Betaine helps in the metabolism of a chemical involved in the normal function of blood, bones, eyes, heart, nerves and the brain. Used for osteoporosis, skeletal problems, eye lens problems, depression, osteoarthritis, boosting immunity and improving athletic performance.
Pack size: 60
- Tribulus Terrestris 346mg (Capsule)** **R 55.00**
Tribulus terrestris is a fruit producing Mediterranean plant used to enhance athletic performance and for sexual problems and infertility in men.
Pack size: 60
- Turmeric 340mg (Capsule)** **R 61.00**
Turmeric is a plant known as the main spice in curry. The root is used to make medicine which has chemicals which decrease inflammation. Used for arthritis, heartburn, jaundice, gallbladder disorders, bronchitis, colds, fibromyalgia, worms and kidney problems.
Pack size: 90
- Urea Cream 10% (Ointment)** **R 25.00**
Urea is a substance that is found naturally in the skin. It is used to rehydrate dry, scaly skin, for eczema, dryness and other skin conditions.
Pack size: 50
- Valerian extract 495 mg (Capsule)** **R 70.00**
Valerian is extracted from the passionflower. It's chemicals has a calming, sleep inducing and muscle spasm relieving effect. Used for insomnia, anxiety, nervousness and hysteria.
Pack size: 30
- Vit D3 2500IU (Capsule)** **R 45.00**
Vitamin D3 (cholecalciferol) is a fat soluble vitamin synthesized in the skin. Although sunlight exposure results in some vitamin D production, recent research shows that not enough vitamin D is produced this way, especially with most people now staying out of the sun or applying sun-block which dramatically reduces vitamin D production. Vitamin D supplementation is important to maintain healthy blood levels of calcium by increasing calcium absorption & reducing urinary calcium loss.
Pack size: 60
- Vit E 50% CWS 350mg (Capsule)** **R 56.00**
Vitamin E is an anti oxidant that protects cell membranes and other fat soluble parts of the body.
Pack size: 60
- Vitamin A 50,000iu (Capsule)** **R 52.00**
Vitamin A is found in many fruits, vegetables, eggs, milk and butter. It is required for the proper functioning of our eyes, skin and immune system. Used for treating malaria, HIV, measles, diarrhea, PMS, improving vision, acne, eczema, gastrointestinal ulcers, Crohn's disease, asthma, and for increase in sperm count.
Pack size: 60



Dr Aucamp's
Health Solutions

Practice No. 1474960



Vitamin B1 212mg (Capsule)

R 193.00

Vitamin B1 is also known as Thiamine and is required by our bodies to properly use carbohydrates. Used for digestive problems including poor appetite, ulcerative colitis, and ongoing diarrhea. Also used as an immune system booster, for cataracts and glaucoma, improving athletic performance and type 2 diabetes.

Pack size: 60

Vitamin B5 400mg (Capsule)

R 98.00

Vitamin B5 is also known as Pantothenic acid, and is important for our bodies to properly use carbohydrates, proteins and lipids and for a healthy skin. Used to aid treatments for allergies, asthma, burning feet syndrome, yeast infections, respiratory disorders, conjunctivitis, insomnia, muscle cramps in the legs.

Pack size: 90

Vitamin B6 with Garlic 493mg (Capsule)

R 78.00

Vitamin B6 also known as Pyridoxine is found in certain foods such as cereals, beans, vegetables, liver, meat and eggs. Required for the proper function of sugars, fats and proteins in the body. Also required for the proper development of the brain, nerves, skin and many other parts of the body. Used to assist in the treatment of heart disease, high cholesterol, clogged arteries, premenstrual syndrome, morning sickness, depression, menopause, Alzheimer's disease, Attention deficit-hyperactivity disorder, night leg cramps, macular degeneration, boosting the immune system and bladder infections.

Pack size: 60

Vitamin B6 without Garlic 493mg R 67.00

Pack size: 60

Vitamin C 570mg (Capsule)

R 129.00

Vitamin C also known as ascorbic acid helps tissue and bone grow and repair themselves, as well as helping the body absorb the mineral iron. Used to assist in the treatment of the common cold, asthma, stroke, cancer, high blood pressure, heart disease and to boost the immune system.

Pack size: 180

Vitamin E 350mg (Capsule) R 56.00

Pack size: 60

Vitamin B12 350mg (Capsule)

R 70.00

Vitamin B12 is a vitamin found in foods such as meat, fish and dairy. It is required for the proper function and development of the brain, nerves, blood cells and many other parts of the body. Used for treating anemia, memory loss, Alzheimer's disease, boosting mood, energy, concentration, the immune system and slowing aging. It also helps with sleep disorders, depression, Inflammatory bowel disease, allergies, vitiligo and macular degeneration.

Pack size: 120

Wart Ointment (Ointment) R 27.00

Pack size: 50

White Willow Bark 350 mg (Capsule) R 54.00

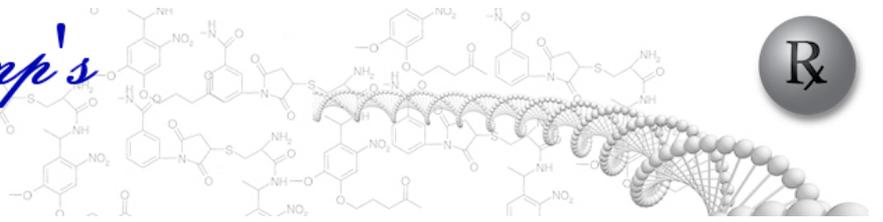
Made from white willow bark, nature's natural aspirin.

Pack size: 60



Dr Aucamp's
Health Solutions

Practice No. 1474960



Wintergreen (Ointment)

R 20.00

Wintergreen oil is made by steam processing of warmed, water-soaked wintergreen leaves. It contains an aspirin-like chemical that reduces pain, swelling and fever. Used for conditions such as headache, nerve pain, arthritis, ovarian pain, menstrual cramps, sore muscles and back pain.

Pack size: 50

Wormwood 250mg (Capsule)

R 55.00

Wormwood is a herb, the above-ground parts and oil are used for medicine. The oil contains the chemical thujone, which excites the central nervous system. It is used for digestion problems such as loss of appetite, gall bladder disease and Intestinal spasms. Also used as a Malaria prevention aid.

Pack size: 60

Xylitol Nasal Spray 100mg (Liquid)

R 27.00

Xylitol is mainly used to moisturize nasal cavities during sinusitis and colds & flu, as well as reducing nasal infection.

Pack size: 25

Zinc 30mg (Capsule)

R 30.00

Zinc is an essential trace element that is necessary for human health. It is needed for proper growth and maintenance of the human body. Essential in maintaining vision and used for boosting the immune system, treating the common cold, ear infections and preventing respiratory infections. Other uses include treating tinnitus, Crohn's disease, Alzheimer's disease, ulcerative colitis, peptic ulcers, osteoporosis, acne and diabetes.

Pack size: 30